

God in Music

A Spiritual Practice



Music as Spiritual Practice: Place yourself in prayer asking for a greater awareness of God's presence. Listen to your selected piece two to three times. First listen: just let the music wash over you and simply notice how the music affects you. Second listen: reflect on the words, if there are any, and pay attention to the harmonies, cadences, key, volume and movement of the music. Third listen: abandon all thought and let God speak directly through the music into your heart. Give thanks to God and journal your experience.

Song of Hope

Ryan Anthony, the trumpeter, played this piece February 2020 before the world locked down. He died later that same year on June 24.

There is great beauty and sadness in this piece. How is hope filled with beauty and sadness? Why is hope essential to faith? How does God speak through this music to give you hope?



Song of Hope, Peter Meecham, ft. Ryan Anthony, Dallas Winds. 2020.

The Deer's Cry

This piece is a form of morning prayer which comes from the Celtic tradition. The lyrics place one in the midst of creation. How does that make you feel? Slowly pray the words: *Christ with me. Christ before me. Christ behind me. Christ in me. Christ beneath me. Christ above me. Christ on my right. Christ on my left. Christ when I lay down. Christ when I sit down. Christ when I arise. Christ to shield me.* Journal.



The Deer's Cry (St. Patrick's Breastplate), Clara Duray: vocalist, Shaun Davey: composer. 2019

I Heard the Voice of Jesus Say

I heard the voice of Jesus say, “Come unto me and rest; lay down, O weary one, lay down your head upon my breast.” Are you tired and in need of the living waters Jesus offers?



*I Heard the Voice of God Say, piano: Thomas Keesecker,
author: Horatius Bonar, 1190 Hymns. 1846.*



*Love Divine, All Loves Excelling, The Tabernacle Choir at
Temple Square, Mack Wilburg, from “Let Us All Press On:
Hymns of Praise and Inspiration,” author Charles Wesley,
1747 © 2019*

Love Divine, All Loves Excelling

“Jesus, thou art all compassion, pure, unbounded love thou art.” Do you know of this love in your life? Listen to the music and imagine God’s unlimited love being extended to you.



God You Search Me

“All my ways lie open to your gaze.... You discern my purpose from afar. You are with me, beyond my understanding...”. What does it feel like to be known like this by God? In what ways do you hide from God?

God You Search Me, Fran McKendree, Psalm 139. 2006